



Ireland

A Celtic Journey



July 27th – August 3rd , 2020

Unique and Exclusive Spiritual Tour to Ireland

**Connect to the Land of Eire and Celtic Spirituality
and join in on Celtic blessings and
poems, prayers, music and Celtic Chants**

**\$3489 Double Occupancy
(LAND ONLY)**

Join Carl Studna on a sacred photographic journey in Ireland and blend it with Celtic mysticism. Carl's photography continues to deepen in feeling and revealing the sacred through the camera lens. NOW is the perfect time to join Carl on this powerful and enriching adventure! We will also be introduced to Celtic Spirituality and Celtic wisdom with poems, music, stories, chants, blessings and prayers of this ancient land. Allow the mystical Celtic Spirit to stir your imagination and nurture your heart to a world filled with mystery and natural wonder. Throughout our Celtic Journey, photography practices and insights will be woven into our daily experience to deepen in seeing and feeling life's precious moments. Together there will be quiet time for contemplation and reflection allowing the landscape to offer its spirit, reveal its story and to give space for integration

July 27th



A very warm Fáilte - (Welcome in Irish) on your Celtic Journey as we meet in Shannon Airport, County Clare or Guesthouse/Hotel in the Bunratty area. We will check into the Bunratty Castle Hotel, a short drive from the Shannon Airport. (First night is on your own to visit the castle or nearby pubs, just walking distance from the hotel.) Welcome to Bunratty Castle, the most complete and authentic medieval fortress in Ireland. Built in 1425, it was restored in 1954 to its former medieval splendor and now contains mainly 15th and 16th century furnishings,

tapestries, and works of art which capture the mood of those times.

July 28th

We will have our opening Celtic Gathering at Bunratty, County Clare (meeting at 9:30am) beginning



your introduction to Celtic Spirituality. The details of your Celtic journey will be shared at this time. After lunch we will travel in our private coach into County Limerick to Ireland's largest Stone Circle. Stand within this place of ritual, and as you do begin to feel the energy of this land. A gentle and opening Celtic Ritual before traveling into County Clare settling into your accommodation at the Hotel Doolin, County Clare, followed by a welcome dinner together.

Following dinner there is optional traditional music session at one of the local pubs.

July 29th

This morning we will travel to the nearby town of Doolin. Situated on the "Wild Atlantic Way" and



located on the eastern edge of the historic Burren in northwest county Clare, Doolin boasts of some of the most breathtaking scenery in Ireland. After a bit of quiet time for reflection and tuning into the landscape on a short coastal walk above the Atlantic we will have lunch on our own in Doolin town. After lunch we will participate in a Celtic well ritual and receive a water blessing from Brigid's Holy Well. Goddess Brigit is a beloved Celtic Goddess associated with Healing Waters, Wells

and Springs. She is the Lady of the Sacred Flame, the Flame of Inspiration, the Flame of Creative Consciousness. Brigit is the "Bringer of Prosperity," Goddess of Fertility, New Growth and Birth. Brigit is Warrior and Healer, Protectress and Goddess of Healing Grace. We will travel to nearby town of Liscannor, a magnificent coastal village situated at the end of Liscannor Bay. We will



stay at the Cliffs of Moher hotel and your evening meal as you choose in one of the restaurants or pubs in the village. There are traditional music sessions in some of the pubs if you wish.

July 30th

We will travel to Doolin Pier and take the ferry to Inis Mor, one of the Aran islands. On this wild and



beautiful Gaeilge (Irish) speaking Island off the west coast of Ireland we will have the opportunity to take a silent walk up to Dun Aonghasa (a world heritage site) a semi-circular stone fort over 3000 years old. The fort is perched on a cliff with views stretching down the island. The site may have been used for seasonal rites by the Druids perhaps

involving bonfires that could be seen from the mainland of Ireland. On this sacred island of wild beauty you will get a sense of solitude and peace. The Celtic mind has a wonderful respect for the mystery and the depth of the individual soul. Later we will visit hermit's hut and explore the far south end of the island before returning on the afternoon ferry to Doolin. This eve we will have dinner as a group in Doolin before returning to Liscannor.



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July 31st

Today we will take an early morning walk along the Cliffs of Moher. The beauty of the Cliffs is that they offer a totally multi-faceted experience of Ireland's incredible west coast. The cliffs are as much a historical landmark as they are a geographical wonder, conservation hotspot and an area of immense natural richness and importance. Afterwards we will travel southward from Liscannor crossing the Shannon river by ferry from County Claire into County Kerry and westwards to Dingle and the



Dingle peninsula.

Framed by its fishing port, the Dingle peninsula's charming little 'capital' manages to be quaint without even trying. Some pubs double as shops, so you can enjoy Guinness and a singalong among hats and hardware, horseshoes and wellies. It has long drawn runaways from across the world, making it a

cosmopolitan and creative place. Dingle is also the "foodie" capital of Ireland. Dingle and the surrounding areas have as large a range of products locally as you would find anywhere in the world, from locally landed fresh and smoked fish, lamb, beef to cheeses and ice cream made using the milk of the rare Kerry Cow and local free range eggs, locally produced Pudding, sausages and rashers, preserves, breads, chocolates, pies, salamis, chorizo and patés. We will stay at Benners Hotel in the heart of the city.



August 1st



Today is a free day for your Celtic Retreat and reflection to enjoy the spaciousness and begin to absorb the experiences of this Celtic Journey. It's time to tune inward, take a breath, and reflect in a Celtic way upon this time of traveling on a sacred journey in Ireland. You will have time to enjoy this little harbor town or take walk along the bay to an ancient Tower. Carl will offer a photo exploration around Dingle town for all those interested. There is a Celtic invocation



that the human eye may “bless all it sees” and the day is understood as a time of reflexive blessing. Also in Dingle there are many opportunities take a boat out to Dingle Harbor, or take a trip to Inch beach, a long 3 mile long beach of uninterrupted golden sand. Or that eve take the opportunity to hear traditional Irish Music. Overnight at Benners Hotel in Dingle, County Kerry.

August 2nd

This morning we will visit some of the sacred sites on the Dingle Peninsula. We will take the famous Sleah Head Loop along the southern coast of the peninsula out to the Blasket island Center. At the



Blasket Island visitor's center we will learn of the regions past and have a gathering near the ocean, taking time to write our own Irish blessings. We will take a blessing at the well of St.

Govenath. The holy wells – in olden times they were healing wells – brings us to the fluid grace of the water element. In ancient myth all wells were linked to the one well at the centre of The World. We will walk a few steps on an ancient Celtic Pilgrim

Path and experience that sense of open hearted sacred



journeying. In Ireland the landscape has a secret and sacred memory. Each field has a different name and by connecting with the landscape one connects with themselves. Refreshment break at a cafe and hand crafted pottery shop. Travel back along the Dingle Peninsula to Dingle town and have our farewell dinner at the Benners hotel

August 3rd We will travel to Shannon for our flight home

TOUR INCLUDES

**8 Days and 7 Nights in hotels or guest houses with ABF
One lunch and three evening meals.**

All tours and transport

Celtic Guide Mary Meighan and Seamus

Spirit Tours guide

Shannon River Ferry

Aran Isle Ferry

**[https://spirit.tours/tour/
with-photographer-carl-
studna/](https://spirit.tours/tour/with-photographer-carl-studna/)**

(707) 566-807